SEAFARERS HEALTH AND BENEFITS PLAN

5201 Capital Gateway Drive
Camp Springs, Maryland 20746-4275

(301) 899-0675

# Margaret R. BowenAdministrator

August 3, 2023

Re: Benefits for Weight Loss Drugs

Dear Pensioner:

The Trustees of the Seafarers Health and Benefits Plan recognize the importance of being proactive in the effort to prevent chronic diseases caused by obesity. Therefore, effective September 1, 2023, both non-Medicare and Medicare pensioners will be eligible to receive prescription coverage for weight loss drugs.

OptumRx and Retiree RxCare have designed criteria that must be met in order to qualify for this benefit. You must receive preauthorization from the Pharmacy Benefits Manager (either Optum Rx or Retiree RxCare). In addition, after six months of use, you must have sustained weight loss of at least 5% of baseline body weight in order to receive reauthorization for these prescriptions.

If you or your doctor need more information this coverage, please contact OptumRx or Retiree RxCare for the criteria to qualify for these medications.

Sincerely,

Margaret Bowen

Administrator