

# ***SEAFARERS HEALTH AND BENEFITS PLAN***

5201 Capital Gateway Drive  
Camp Springs, Maryland 20746-4275  
(301) 899-0675

Margaret R. Bowen  
Administrator

May 26, 2022

## **Re: Notice of Privacy Practices Reminder**

Dear Participant:

The Seafarers Health and Benefits Plan (“Plan”) protects the privacy and security of your health information. As a reminder, you have rights regarding your personal health information.

The Plan’s **Notice of Privacy Practices** explains how the Plan may use and/or disclose your Protected Health Information (PHI) and provides you information about your privacy rights. The notice is available online at [www.seafarers.org/plans](http://www.seafarers.org/plans) under HIPAA Privacy Rules.

The Plan encourages you to enroll in its Electronic Consent program, which allows us to send you an email notification regarding benefit changes and non-confidential Plan documents, such as the Notice of Privacy Practices. The Electronic Consent Form is also available online or by contacting the Seafarers Member Assistance Program at [map@seafarers.org](mailto:map@seafarers.org).

The Plan provides a translation service for participants and their families in 200+ languages. If you or a dependent require a translator for questions about your benefits, please contact the SHBP Claims Department at (800) 252-4674 (Option 3).

If you have any questions regarding this notice or to request a copy of the Notice of Privacy Practices, please contact the Seafarers Member Assistance Program at (800) 252-4674 (Option 2) or [map@seafarers.org](mailto:map@seafarers.org). Additional information is available at [www.seafarers.org/plans](http://www.seafarers.org/plans).

Sincerely,

Margaret R. Bowen  
Administrator