

**SEAFARERS HEALTH AND BENEFITS PLAN SEAFARERS PENSION PLAN
SEAFARERS MONEY PURCHASE PENSION PLAN SEAFARERS VACATION PLAN**

5201 Capital Gateway Drive ■ Camp Springs, MD 20746 ■ P: (800) 252-4674 (Option 2) ■ F: (301) 702-6061 ■ www.seafarers.org

CHANGE OF ADDRESS FORM

This form is for a participant in the Seafarers Benefit Plans ("Plans") changing his or her address on file with the Plans. Please complete the entire form. Section 2 of the form must be signed by you. Return the form by: email: map@seafarers.org; fax: (301) 702-6074; or mail: MAP, 5201 Capital Gateway Drive, Camp Springs, MD 20746

1 Participant's Information:

_____ Full Name (First, Middle Initial, Last)

XXX-XX-

_____ Social Security Number

_____ Date of Birth

_____ Mailing Address

_____ City

_____ State

_____ Zip Code

_____ Cell Phone Number

_____ Home Phone Number

_____ Email

Marital Status:

Single

Married

Divorced

Widow(er)

Union Affiliation:

SIU

UIW

SEATU

SMU

Seafarers Health and Benefits Plan

If you are a dependent in the Plan, please complete and return your form by: email: claimsdept@seafarers.org; fax: (301) 994-0116; or mail: SHBP Claims Department, 45353 Saint Georges Avenue, Piney Point, MD 20674

Seafarers Member Portal

You can update your address or any contact information by logging into your portal account at www.members.seafarers.org.

If you have shipping or work history, you may register for an account online. The portal gives you access to review or change your information and documents on file with the Plans at anytime from anywhere.

THIS SECTION MUST SIGNED AND DATED BY YOU

2 Participant's Authorization

I certify that the above information is true and correct and I have provided this information with the understanding the Seafarers Benefit Plans will rely on the information for communication purposes.

_____ Participant's Signature

_____ Date Signed

IMPORTANT NOTE: *If there has been a change in your marital status or designated beneficiary, update your information with the Seafarers Benefit Plans immediately. You may request any of the Plans' applications or forms by calling (800) 252-4674 (Option 2). You may also find them online at www.seafarers.org under About.*