

SEAFARERS HEALTH AND BENEFITS PLAN

5201 Capital Gateway Drive
Camp Springs, Maryland 20746-4275
(301) 899-0675

Margaret R. Bowen
Administrator

October 11, 2020

Dear Seafarer:

The Seafarers Health and Benefits Plan ("Plan" or "SHBP") is sending you this letter and the enclosed Notice of Creditable Coverage because according to the Plan's records, you will become eligible for Medicare in the near future. At that time, you will have the option to enroll in a Medicare Part D Prescription Drug Program.

If at the time you become eligible for Medicare you are still receiving health benefits from SHBP, the Plan wants you to know that on the average, the prescription drug benefit that you will be receiving from SHBP will pay at least as much as the standard Medicare Part D coverage. The enclosed notice contains more information about the Medicare Part D program and the prescription coverage from SHBP.

If you still decide to enroll in a Medicare Part D Prescription Drug Program, you should be aware that **once you enroll in a Medicare Part D Program, your prescription drug coverage from SHBP will end. Your prescription coverage from SHBP may not be reinstated once you enroll in a Medicare Part D Program.**

This is an important decision about your future prescription benefits. If you have any questions before making this decision, you may contact the Plan at 1-800-252-4674.

Please note: This letter is not a guarantee that you will receive prescription benefits from SHBP when you retire. In order to be eligible for health and prescription benefits, you must have at least 5,475 days of covered employment under the Seafarers Health and Benefits Plan if you are retiring on a Normal Pension or Early Normal Pension. If you retire on a Disability Pension, you must have 4,380 days of covered employment. In addition, you must have at least 125 days of covered employment in the calendar year immediately preceding the year in which you become eligible for and apply for pension benefits. "Covered employment" does not include "Extra Service Credit" or "Supplemental Service" earned under the Seafarers Pension Plan.

Important Notice from Seafarers Health and Benefits Plan About Your Prescription Drug Coverage and Medicare

Creditable Coverage Notice

Dear Plan Participant,

Please read this notice carefully and keep it where you can find it. This notice has information about your current prescription drug coverage with Seafarers Health and Benefits Plan (SHBP) and about your options under Medicare's prescription drug coverage. This information can help you decide whether or not you want to join a Medicare drug plan. If you are considering joining, you should compare your current coverage, including which drugs are covered at what cost, with the coverage and costs of the plans offering Medicare prescription drug coverage in your area. Information about where you can get help to make decisions about your prescription drug coverage is at the end of this notice.

Since spouses of retirees do not receive prescription benefits from the Seafarers Health and Benefits Plan, they should seek information from any employer sponsored coverage they may have, or enroll in a Medicare Part D plan.

There are two important things you need to know about your current coverage and Medicare's prescription drug coverage:

- 1. Medicare prescription drug coverage became available in 2006 to everyone with Medicare. You can get this coverage if you join a Medicare Prescription Drug Plan or join a Medicare Advantage Plan (like an HMO or PPO) that offers prescription drug coverage. All Medicare drug plans provide at least a standard level of coverage set by Medicare. Some plans may also offer more coverage for a higher monthly premium.**
- 2. The Seafarers Health and Benefits Plan has determined that the prescription drug coverage it offers is, on average for all plan participants, expected to pay out as much as standard Medicare prescription drug coverage pays and is therefore considered Creditable Coverage. Because your existing coverage is Creditable Coverage, you can keep this coverage and not pay a higher premium (a penalty) if you later decide to join a Medicare drug plan.**

When Can You Join A Medicare Drug Plan?

You can join a Medicare drug plan when you first become eligible for Medicare and each year from October 15th to December 7th.

However, if you lose your current creditable prescription drug coverage, through no fault of your own, you will also be eligible for a two (2) month Special Enrollment Period (SEP) to join a Medicare drug plan.

What Happens To Your Current Coverage If You Decide to Join A Medicare Drug Plan?

If you decide to join a Medicare drug plan, your current SHBP coverage **WILL** be affected. If you do decide to join a Medicare drug plan and drop your current SHBP coverage, be aware that

you **WILL NOT** be able to get this coverage back. You will still maintain your medical coverage from the SHBP, but you will no longer have prescription coverage.

When Will You Pay A Higher Premium (Penalty) To Join A Medicare Drug Plan?

You should also know that if you drop or lose your current coverage with SHBP and don't join a Medicare drug plan within 63 continuous days after your current coverage ends, you may pay a higher premium (a penalty) to join a Medicare drug plan later.

If you go 63 continuous days or longer without creditable prescription drug coverage, your monthly premium may go up by at least 1% of the Medicare base beneficiary premium per month for every month that you did not have that coverage. For example, if you go nineteen months without creditable coverage, your premium may consistently be at least 19% higher than the Medicare base beneficiary premium. You may have to pay this higher premium (a penalty) as long as you have Medicare prescription drug coverage. In addition, you may have to wait until the following October to join.

For More Information About This Notice Or Your Current Prescription Drug Coverage...

Contact Seafarers' Pharmacy Benefit Manager, OptumRx, at 1-877-445-6881 or the Plan's Claims Department at 1-800-252-4674. **NOTE:** You'll get this notice each year. You will also get it before the next period you can join a Medicare drug plan, and if this coverage through Seafarers Health and Benefits Plan changes. You also may request a copy of this notice at any time.

For More Information About Your Options Under Medicare Prescription Drug Coverage...

More detailed information about Medicare plans that offer prescription drug coverage is in the "Medicare & You" handbook. You'll get a copy of the handbook in the mail every year from Medicare. You may also be contacted directly by Medicare drug plans.

For more information about Medicare prescription drug coverage:

- Visit www.medicare.gov
- Call your State Health Insurance Assistance Program (see the inside back cover of your copy of the "Medicare & You" handbook for their telephone number) for personalized help;
- Call 1-800-MEDICARE (1-800-633-4227). TTY users should call 1-877-486-2048.

If you have limited income and resources, extra help paying for Medicare prescription drug coverage is available. For more information about this extra help, visit Social Security on the web at www.socialsecurity.gov, or call them at 1-800-772-1213 (TTY 1-800-325-0778).

As in all cases, the Seafarers Health and Benefits Plan reserves the right to modify benefits at any time, in accordance with applicable law.

Remember: Keep this Creditable Coverage notice. If you decide to join one of the Medicare drug plans, you may be required to provide a copy of this notice when you join to show whether or not you have maintained creditable coverage and, therefore, whether or not you are required to pay a higher premium (a penalty).

Sincerely,

BOARD OF TRUSTEES
SEAFARERS HEALTH AND BENEFITS PLAN