

SEAFARERS PENSION PLAN

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Margaret R. Bowen
Administrator

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ANNUAL FUNDING NOTICE

SEAFARERS PENSION PLAN

EIN # 13-6100329

1) Introduction

This notice includes important information about the funding status of your pension plan (“the Plan”) and general information about the benefit payments guaranteed by the Pension Benefit Guaranty Corporation (“PBGC”), a federal insurance agency. All traditional pension plans (called “defined benefit pension plans”) must provide this notice every year regardless of their funding status. This notice does not mean that the Plan is terminating. It is provided for informational purposes and you are not required to respond in any way. This notice is for the plan year beginning January 1, 2010 and ending December 31, 2010 (“Plan Year”).

2) How Well Funded Is Your Plan

Under federal law, the plan must report how well it is funded by using a measure called the “funded percentage.” This percentage is obtained by dividing the Plan’s assets by its liabilities on the Valuation Date for the plan year. In general, the higher the percentage, the better funded the plan. Your Plan’s funded percentage for the Plan Year and each of the two preceding plan years is set forth in the chart below, along with a statement of the value of the Plan’s assets and liabilities for the same period.

Funded Percentage	2010	2009	2008
Valuation Date	January 1, 2010	January 1, 2009	January 1, 2008
Funded Percentage	110.1	106.1%	121.7
Value of Assets	\$910,293,605	\$798,341,351	\$700,766,846
Value of Liabilities	\$826,992,528	\$752,536,506	\$575,915,644

3) Year-End Fair Market Value of Assets

The asset values in the chart above are measured as of the Valuation Date for the plan year and are actuarial values. Because market values can fluctuate daily based on factors in the marketplace, such as changes in the stock market, pension law allows plans to use actuarial values that are designed to smooth out those fluctuations for funding purposes. The asset values below are market values and are measured as of the last day of the plan year, rather than as of the Valuation Date. Substituting the market value of assets for the actuarial value used in the above chart would show a clearer picture of a plan’s funded status as of the Valuation Date. The fair market value of the Plan’s assets as of the last day of the Plan Year and each of the two preceding plan years is shown in the following table (2010 is not audited):

	December 31, 2010	December 31, 2009	December 31, 2008
Fair Market Value of Assets	\$1,010,000,000	\$910,293,605	\$798,341,351

4) Critical or Endangered Status

Under federal pension law a plan generally will be considered to be in “endangered” status if, at the beginning of the plan year, the funded percentage of the plan is less than 80 percent or in “critical” status if the percentage is less than 65 percent (other factors may also apply). If a pension plan enters endangered status, the trustees of the plan are required to adopt a funding improvement plan. Similarly, if a pension plan enters critical status, the trustees of the plan are required to adopt a rehabilitation plan. Rehabilitation and funding improvement plans establish steps and benchmarks for pension plans to improve their funding status over a specified period of time.

The Plan was not in endangered or critical status in the Plan Year.

5) Participant Information

The total number of participants in the Plan as of the Plan’s valuation date was 22,329. Of this number, 8,250 were active participants, 9,128 were retired or separated from service and receiving benefits, and 4,951 were retired or separated from service and entitled to future benefits.

6) Funding & Investment Policies

(a) Every pension plan must have a procedure for establishing a funding policy to carry out plan objectives. A funding policy relates to the level of assets needed to pay for benefits promised under the plan currently and over the years. The funding policy of the Plan is to provide benefits from contributions by signatory employers under the terms of collective bargaining agreements between the Seafarers International Union, Atlantic, Gulf and Pacific Districts and the employers. The Plan may receive the portion of the employers' contributions made to the Seafarers Health and Benefits Plan which the Trustees determine is necessary to provide for pension benefits based on the recommendation of the Plan's Actuary.

(b) Once money is contributed to the Plan, the money is invested by plan officials called fiduciaries, who make specific investments in accordance with the Plan’s investment policy. Generally speaking, an investment policy is a written statement that provides the fiduciaries that are responsible for plan investments with guidelines or general instructions concerning investment management decisions.

The investment policy of the Seafarers Pension Plan is primarily a balanced portfolio of equity, fixed income, and cash equivalent securities.

Equities consist of common stocks, preferred stocks, and convertible securities. The total equity exposure for the total managed account should not exceed 55% for a prolonged period of time.

The portfolios are diversified into 10 or 15 industry sectors and hold in excess of 50 individual issues. No issue exceeds 3.5% of the portfolio at cost.

The fixed income portion of the portfolio consists of:

- U.S. Government and Agency Securities
- Commercial Paper
- Corporate Bonds
- Traditional Non-High Leverage
- Mortgage and Asset backed Securities

These securities must be rated Investment Grade at time of purchase.

(c) Under the Plan's investment policy, the Plan's assets were allocated among the following categories of investments, as of the end of the Plan Year. These allocations are percentages of total assets:

Asset Allocations	Percentage
1. Cash (Interest-bearing and non-interest bearing)	<u>6</u>
2. U.S. Government securities	<u>26</u>
3. Corporate debt instruments (other than employer securities):	
Preferred	<u>16</u>
All other	<u> </u>
4. Corporate stocks (other than employer securities):	
Preferred	<u> </u>
Common	<u>39</u>
5. Partnership/joint venture interests	<u> </u>
6. Real estate (other than employer real property)	<u>1</u>
7. Loans (other than to participants)	<u> </u>
8. Participant loans	<u> </u>
9. Value of interest in common/collective trusts	<u>6</u>
10. Value of interest in pooled separate accounts	<u> </u>
11. Value of interest in master trust investment accounts	<u> </u>
12. Value of interest in 103-12 investment entities	<u> </u>
13. Value of interest in registered investment companies (e.g., mutual funds)	<u>6</u>
14. Value of funds held in insurance co. general account (unallocated contracts)	<u> </u>
15. Employer-related investments:	
Employer Securities	<u> </u>
Employer real property	<u> </u>
16. Buildings and other property used in plan operation	<u> </u>
17. Other	<u> </u>

(d) For information about the plan's investment in any of the following type of investments as described in the chart above – common/collective trusts, pooled separate accounts, master trust investment accounts, or 103-12 investment entities, contact:

Margaret Bowen, Plan Administrator, at 301-899-0675, or by writing to:
 Plan Administrator, 5201 Auth Way, Camp Springs, Maryland 20746

7) Right to Request a Copy of the Annual Report

A pension plan is required to file with the US Department of Labor an annual report called the Form 5500 that contains financial and other information about the plan. Copies of the annual report are available from the US Department of Labor, Employee Benefits Security Administration's Public Disclosure Room at 200 Constitution Avenue, NW, Room N-1513, Washington, DC 20210, or by calling 202.693.8673. For 2009 and subsequent plan years, you may obtain an electronic copy of the plan's annual report by going to www.efast.dol.gov and using the Form 5500 search function. Or you may obtain a copy of the Plan's annual report by making a written request to the plan administrator. Individual information, such as the amount of your accrued benefit under the plan, is not contained in the annual report. If you are seeking information regarding your benefits under the plan, contact the plan administrator identified below under "Where To Get More Information."

8) Summary of Rules Governing Plans in Reorganization and Insolvent Plans

Federal law has a number of special rules that apply to financially troubled multiemployer plans. The plan administrator is required by law to include a summary of these rules in the annual funding notice. Under so-called "plan reorganization rules," a plan with adverse financial experience may need to increase required contributions and may, under certain circumstances, reduce benefits that are not eligible for the PBGC's guarantee (generally, benefits that have been in effect for less than 60 months).

If a plan is in reorganization status, it must provide notification that the plan is in reorganization status and that, if contributions are not increased, accrued benefits under the plan may be reduced or an excise tax may be imposed (or both). The plan is required to furnish this notification to each contributing employer and the labor organization.

Despite these special plan reorganization rules, a plan in reorganization could become insolvent. A plan is insolvent for a plan year if its available financial resources are not sufficient to pay benefits when due for that plan year. An insolvent plan must reduce benefit payments to the highest level that can be paid from the plan's available resources. If such resources are not enough to pay benefits at the level specified by law (see "Benefit Payments Guaranteed by the PBGC", below), the plan must apply to the PBGC for financial assistance. The PBGC will loan the plan the amount necessary to pay benefits at the guaranteed level. Reduced benefits may be restored if the plan's financial condition improves.

A plan that becomes insolvent must provide prompt notice of its status to participants and beneficiaries, contributing employers, labor unions representing participants, and PBGC. In addition, participants and beneficiaries also must receive information regarding whether, and how, their benefits will be reduced or affected, including loss of a lump sum option. This information will be provided for each year the plan is insolvent.

9) Benefit Payments Guaranteed by the PBGC

The maximum benefit that the PBGC guarantees is set by law. Only benefits that you have earned a right to receive and that can not be forfeited (called vested benefits) are guaranteed. Specifically, the PBGC guarantees a monthly benefit payment equal to 100 percent of the first \$11 of the Plan's monthly benefit accrual rate, plus 75 percent of the next \$33 of the accrual rate, times each year of credited service. The PBGC's maximum guarantee, therefore, is \$35.75 per month times a participant's years of credited service.

Example 1: If a participant with 10 years of credited service has an accrued monthly benefit of \$500, the accrual rate for purposes of determining the PBGC guarantee would be determined by dividing the monthly benefit by the participant's years of service ($\$500/10$), which equals \$50. The guaranteed amount for a \$50 monthly accrual rate is equal to the sum of \$11 plus \$24.75 ($.75 \times \$33$), or \$35.75. Thus, the participant's guaranteed monthly benefit is \$357.50 ($\35.75×10).

Example 2: If the participant in Example 1 has an accrued monthly benefit of \$200, the accrual rate for purposes of determining the guarantee would be \$20 (or $\$200/10$). The guaranteed amount for a \$20 monthly accrual rate is equal to the sum of \$11 plus \$6.75 ($.75 \times \$9$), or \$17.75. Thus, the participant's guaranteed monthly benefit would be \$177.50 ($\17.75×10).

The PBGC guarantees pension benefits payable at normal retirement age and some early retirement benefits. In calculating a person's monthly payment, the PBGC will disregard any benefit increases that were made under the plan within 60 months before the earlier of the plan's termination or insolvency (or benefits that were in effect for less than 60 months at the time of termination or insolvency). Similarly, the PBGC does not guarantee pre-retirement death benefits to a spouse or beneficiary (e.g., a qualified pre-retirement survivor annuity) if the participant dies after the plan terminates, benefits above the normal retirement benefit, disability benefits not in pay status, or non-pension benefits, such as health insurance, life insurance, death benefits, vacation pay, or severance pay.

10) Where to Get More Information

For more information about this notice, you may contact the Board of Trustees, or:

Margaret Bowen, Plan Administrator, at 301-899-0675, or by writing to:
Plan Administrator, 5201 Auth Way, Camp Springs, MD 20746

For identification purposes, the official plan number is 001 and the plan sponsor's employer identification number or "EIN" is 13-6100329 for Seafarers Pension Plan. For more information about the PBGC, go to PBGC's website, www.pbgc.gov.